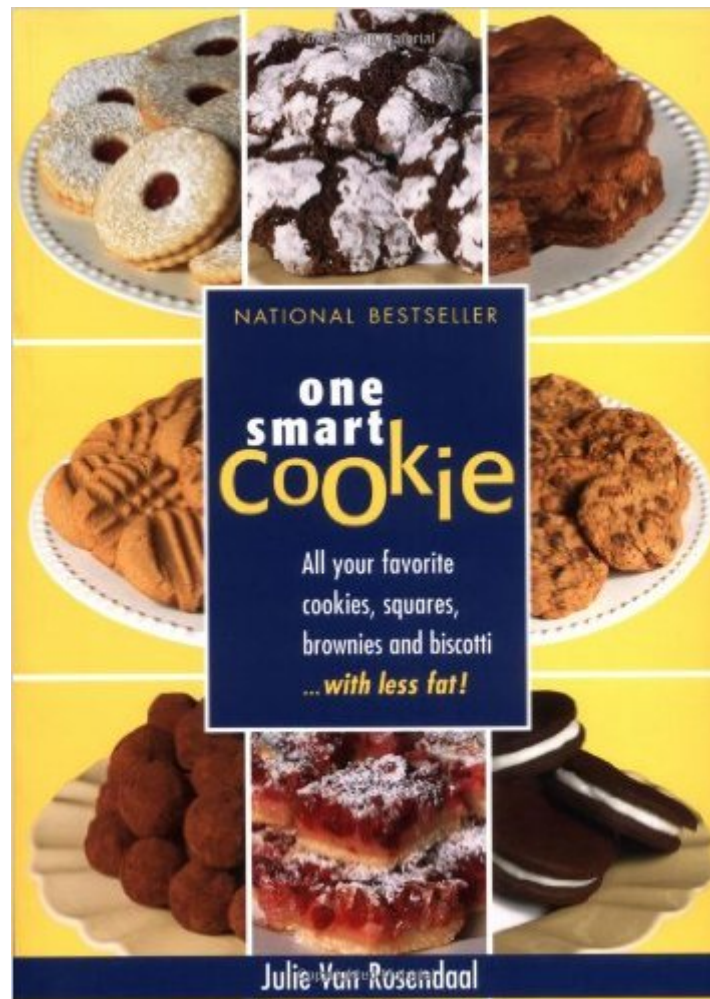


The book was found

One Smart Cookie: All Your Favourite Cookies, Squares, Brownies And Biscotti... With Less Fat !



Synopsis

Think rich, chewy, gooey, chocolaty cookies, brownies and squares are off limits? In One Smart Cookie, you'll be thrilled to find over 200 recipes for goodies such as Triple Chocolate Chunk Cookies, Cheesecake Brownies, Pecan Pie Squares and even Nanaimo Bars, trimmed of fat but not of flavour! Everybody loves cookies. They are as welcome at a dinner party as they are tucked into a lunch box or hanging on the Christmas tree. And we all have long-time favorites that have often become family traditions. In this book you will find lower fat recipes for your favorite cookies, squares, brownies and biscotti, as well as a wealth of information that will help you to reduce the fat in your own special cookie recipes. The desserts and snacks in this book aren't just a healthy alternative to the cookies you crave - they are the real thing!

Book Information

Paperback: 174 pages

Publisher: Whitecap Books (September 1, 2002)

Language: English

ISBN-10: 1552854221

ISBN-13: 978-1552854228

Product Dimensions: 0.5 x 6.8 x 9.5 inches

Shipping Weight: 13.6 ounces

Average Customer Review: 5.0 out of 5 starsÂ Â See all reviewsÂ (2 customer reviews)

Best Sellers Rank: #725,337 in Books (See Top 100 in Books) #242 inÂ Books > Cookbooks, Food & Wine > Baking > Cookies #633 inÂ Books > Cookbooks, Food & Wine > Special Diet > Low Fat #1892 inÂ Books > Cookbooks, Food & Wine > Desserts

Customer Reviews

I bake a lot, and this is one of my favourite cookbooks. The recipes are straightforward, there's lots of variety, and every one I've tried has turned out wonderfully (and I have tried probably 30 or 40 of them!) I always get requests for the recipe when I make things from this book, and people never guess that they're less-fattening versions. I have given a couple of copies of this book as gifts and they've been much appreciated. This is my go-to cookbook whenever my family is in the mood for cookies or squares. We use it every week.

love it. use it all the time

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